# My Family Recipe

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Keep a recipe, its source, and the details that make it part of your kitchen. Duplicate this page for each dish.

Recipe name / contributed by

Original source / permission or attribution notes

Yield / pan / equipment / preparation and cooking times

Ingredients and quantities

Method and reliable doneness / safety guidance

Family story or serving tradition

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# Recipe testing and kitchen notes

Recipe / source / date / version

| Change made | Reason | Result |
|---|---|---|
| | | |
| | | |
| | | |
| | | |

Equipment, ingredient brands, measurements, and conditions

What to repeat / adjust next time

Record substitutions for everyday cooking carefully. For preservation, use a tested procedure and follow it exactly rather than adapting a family recipe for shelf-stable storage. See https://nchfp.uga.edu/how/freeze/

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